

UPPER NEW YORK
CAMP & RETREAT
MINISTRIES
Transforming Lives!

As you pack for camp...

Clothing and Equipment:

Remember that camp is a place for exploring and playing hard. Campers need enough outfits for six days of camp and should be able to get wet and dirty without undue concern for clothing.

- | | |
|--|--|
| <input type="checkbox"/> Underwear | <input type="checkbox"/> Shampoo |
| <input type="checkbox"/> Socks | <input type="checkbox"/> Toothbrush & Toothpaste |
| <input type="checkbox"/> Shorts | <input type="checkbox"/> Brush/Comb |
| <input type="checkbox"/> Pants/Jeans | <input type="checkbox"/> Sleeping Bag/sheets/blanket |
| <input type="checkbox"/> Shirts | <input type="checkbox"/> Pillow |
| <input type="checkbox"/> Sweater/Sweatshirt/Jacket | <input type="checkbox"/> Backpack |
| <input type="checkbox"/> Sneakers | <input type="checkbox"/> Rain Gear |
| <input type="checkbox"/> Swimsuits | <input type="checkbox"/> Water shoes, Crocs, or flip flops |
| <input type="checkbox"/> Pajamas | <input type="checkbox"/> Bible (if you do not own one, one will be given to you) |
| <input type="checkbox"/> Towels (2) & Washcloth | |
| <input type="checkbox"/> Soap | |

Optional Items:

The following items are things that may enhance your week at camp. The site has limited supply of these items that can be provided for campers while they are attending their program.

- Sunscreen and Insect Repellant
- Flashlight w/Fresh Batteries
- Water Bottle
- Anything that will remind you of home (stuffed animal, etc.)

Please Leave the Following Items at Home:

- | | |
|--|--|
| <input type="checkbox"/> Cell Phones (unless otherwise stated in your personalized material) | <input type="checkbox"/> Weapons |
| <input type="checkbox"/> Video Games | <input type="checkbox"/> Inappropriate Clothing |
| <input type="checkbox"/> Radio/CD/MP3/iPods | <input type="checkbox"/> Food/Drinks/Candy |
| <input type="checkbox"/> Money | <input type="checkbox"/> Alcohol/Drugs/Cigarette |
| <input type="checkbox"/> Expensive Clothing/Valuables | <input type="checkbox"/> iPad/ Kindle/ Nook |

Please Note:

We ask that **ALL** clothing at camp be modest and free of mottos, sayings or advertisements that conflict with the spirit of Christian community (offensive language, drug promotion, sexual innuendo, etc.) **Swim Trunks** are required for males and **one-piece swimsuits** or tankinis that fully cover the midsection for females. **All other** types of clothing should completely cover undergarments and fit properly for active wear. Tank top straps must be at least 2 fingers wide. You/Your child's cooperation with this matter will help ensure a great week for all campers and staff.